

Speech Level Singing  
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1. Main causes of vocal strain

- a) Improper \_\_\_\_\_ support
- b) Inability to transition \_\_\_\_\_
- c) Unnatural positioning of \_\_\_\_\_

2. How to properly sing from your \_\_\_\_\_  
Exercise: lip bubble

3. How to navigate transition from your \_\_\_\_\_ voice to your \_\_\_\_\_ voice  
Exercise: nay, mum, guh

4. How to modify your vowels to keep \_\_\_\_\_ stable

a) A → u

- i. Aye (I, my, high) → Uhy      Lord, I lift your name on high
- ii. A (the, away) → uh      The sun will come out tomorrow
- iii. Ah (God) → Aw or Uh      How great is our God
- i. Aw (now, about) → Ow      Come, now is the time to worship
- ii. Av (have) → ev      I have decided to follow Jesus
- iii. Am → em      It's who I am

b) E → i

- iv. Eh (Ever, forever) → ie      Forever You are faithful
- v. Ehy (name, way) → iey      Away in a manger
- vi. Ae (dance, that) → eh      That saved a wretch like me
- vii. Er (there, fair) → eer      There is none like you
- viii. Es (faithfulness) → iss      Great is Thy faithfulness
- ix. Eh (wretch, bet) → i      Bet your bottom dollar that tomorrow

c) O → oo, ow

- i. Oh (O, go) → Ou, not ah      He loves us, oh how he loves us
- ii. Or (your, four) → oor      Oh Lord, our Lord how majestic is your name
- iii. All (call, fall) → ohll      I will call upon your name
- iv. Om (come) → Um      Come, now is the time to worship
- v. Ov (love, of) → uv      I love You, Lord

d) I → ee, not eh

- i. See → see      Was blind, but now I see

e) U → oo

- i. You → yoo-u      There is none like you

Amazing grace, how sweet the  
sound  
That saved a wretch like me  
I once was lost, but now am found  
Was blind but now I see

Bless the Lord, oh my soul  
Oh my soul  
Worship His holy name  
Sing like never before  
Oh my soul  
I'll worship His holy name

You're a good, good Father  
It's who you are  
Who you are  
Who you are  
And I'm loved by You  
It's who I am  
Who I am, Who I am